

Four Qualitative Methods for Understanding Diverse Lives

See: <https://www.ncrm.ac.uk/resources/online/all/?id=20805>

Participant Packs

The participant pack is a technique to facilitate participant engagement in a research project.

Participants are provided with packs containing various materials to document their ideas in relation to the topic being explored.

This method can be directed where the researcher instructs engagement or open-ended where the participant engages on their terms. It can also work well as an online method, where pack contents are exchanged via email.